

Keri-Lynn Martin Vrbanac

Age: 39

Location: Conestoga

Occupation: Registered physiotherapist/owner of A Body In Motion Rehabilitation

Contribution: President of the Conestogo-Winterburne Residents Association; physiotherapist with Skate Canada

Website: www.abodyinmotion.ca

Keri-Lynn Martin Vrbanac isn't afraid to admit that she is a "yes girl."

Despite the fact that her time is already stretched a bit thin, the registered physiotherapist and owner of Kitchener-based A Body In Motion Rehabilitation has the uncanny ability to continue to involve herself where needed.

For that reason it has been observed that Vrbanac has always gone above and beyond in work, home and play.

When not overseeing operations at her rehabilitation clinic — something that has happened since 2001 — she offers emergency athletic care to athletes who have been injured during games and recently served as a physiotherapist with Skate Canada (although she was unable to travel to Vancouver for the Winter Olympic Games). Vrbanac has also volunteered and participated in Junior Achievement and was on the board of the Grand River Hospital and continues to support the hospital and community physicians.

A familiar face in the community, she has given community talks for the MS Society, Parkinson Society and the local library. She also volunteers time for talks at the Running Room to provide education and proper stretching for runners.

As president of the Conestogo-Winterburne Residents Association, she has initiated the fight against a potential gravel pit on Hensberg Road. In her role she has chaired meetings and sent emails to all committee members, while learning, educating and giving back to the community regarding this matter.

"My children will grow up in this community and if I can help to ensure that their environment is a safer place, their health care is more attainable, or their path through life is made easier, then it seems almost unthinkable not to involve myself," she said.



DAVID BEBEE, RECORD STAFF